

CCICIT

CENTRAL COAST CRITICAL INCIDENT TEAM

2715 Porter Street #210 Soquel, California 95073

831.429.7797

Central Coast Critical Incident Team Panel of Mental Health Providers



Laurel Andres LMFT

MFT #27651

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Laurel Andres began running groups in 1982 at the time of the central coast floods. She coordinated and facilitated emergency mental health services for the Marina District in San Francisco during the aftermath of the Loma Prieta earthquake and has since debriefed and counseled numerous companies, work groups, individuals and families following acute disasters and periods of long term stress. She has completed advanced training in multi-modal approaches to Critical Incident Management, high conflict mediation and organizational excellence. She maintains a private psychotherapy practice specializing in trauma recovery, partnership improvement and work related difficulties. Laurel is also a trainer, mediator and leadership consultant to the business sector, government agencies, academic institutions and hospitals around issues of stress management, strategic communication and messaging, vision and mission and balancing work and home life.

Laurel participates on the MHN and Sutter Select insurance panels.



Steven Kelly LMFT

MFT #16945

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stevenkellytherapy.com

I am a licensed Marriage and Family Therapist practicing for over 30 years. I have extensive background working with individuals and couples to help clarify the dilemmas they face and implement new progressive outcomes. Together, we clarify what the problem is and why it continues. We define what you need toward a positive, constructive direction. This clarity sets the stage for the next steps of problem-solving, creating effective strategies, reevaluating and changing old ineffective or debilitating beliefs, and finally implementing the new views and actions. This can include: effective communication skills, mutual problem-solving, inner emotional clarity and regulation, healing low esteem, lifting depression, turning anxiety into inner stability and competent action.

I work with people who have had traumatic experiences while on the job, in a relationship, or from other life experiences. We form an alliance to define and understand the effects of trauma, develop effective steps for healing, and develop positive, effective and realistic life and relationship strategies.

I am a down-to-earth, engaging, and straight-forward counselor. Suffering deserves compassion, understanding, and empathy. Together we look at how you feel, what you believe, and what you want. We go forward together and address each hurdle along the way.

Steve participates on the Anthem, Blue Shield, Magellan and Optum insurance panels.

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Nevin Lantz, Ph.D.

PSY #7088

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Nevin Lantz, Ph.D. is a licensed psychologist with private practice offices in Palo Alto and Capitola, California. He has worked with individuals, couples and families for over thirty-five years. Dr. Lantz earned his MA and Ph.D. in Clinical Psychology from the California School of Professional Psychology in Alameda, California. Additional training includes certification as a Neuro-Linguistic Programming Practitioner (1983), certification as a licensee of The Highlands Program, a career and life direction process (1996), training as an Authentic Happiness Coach, a program promoting enhanced life satisfaction (2003) and continuing education coursework in working with trauma.

Dr. Lantz has worked in a variety of settings including hospitals, group practice, corporate training, research facilities, schools and a virtual reality phobia clinic. This breadth of education and experience coupled with a sense humor and compassion for dealing with difficult situations give him the ability to help people with some of life's most distressing problems.

Nevin participates on the Aetna, Magelan and UBH insurance panels.



Bill McCabe LMFT

MFT #38768

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Bill McCabe, Licensed Marriage and Family Therapist, has been providing counseling support to the communities of Santa Cruz County for over 20 years. As a Director at Encompass, he gained extensive experience partnering with community leaders to provide mental health services to various populations, including drug and alcohol users, homeless individuals, families in crisis and those criminally involved. He has worked in partnership with numerous school districts to provide critical incident services to schools as a clinician and as a leader of response teams, and with law enforcement, to create and implement programs to serve gang-involved youth and other at-risk populations. Bill has been a leader in expanding community services to Latino families and to Lesbian, Gay, Bisexual and Transgender persons. For 11 years he has worked as a clinical supervisor providing training and direction to Master's-level counseling students.

Bill provides individual, family, couples and child counseling. His expertise includes drug and alcohol issues, crisis support, improving relationships, parenting, youth with challenging behaviors and life-goals coaching. Bill takes a practical, compassionate, forward-looking approach to life's challenges, supporting his clients with concrete tools to promote healing and personal wellness.

Bill is applying to participate on the MHN and UBH panels.

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Nick Ross, Ph.D.

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Nick Ross began his work in 1990 on a team managing traumatic incidents at Hudson River State Psychiatric Hospital and later as a staff member at BRC Human Services in the Bowery district in New York City. He has served as Director of Youth & Family Services and as a critical incident team responder at Kara in Palo Alto, California, where he continues to serve as a Clinical Consultant. There he provided debriefings, crisis counseling, and education both to individuals and to groups of children and adults facing critical incidents such as traumatic deaths in schools, community agencies, and businesses. He has presented on numerous expert panels regarding issues of grief and death, including at Lucile Packard Children's Hospital and the Living with Grief National Teleconference.

Nick is a licensed psychologist and maintains a psychotherapy practice in both Capitola and Mountain View. He is trained in EMDR and through ICISF for trauma related crisis response, and through the CCCIT is a consultant and advisor to peer counseling teams for first responders. As an EAP provider for this population Nick is available for initial sessions.

Nick is an out of network provider.



Gloria Simpson LCSW

LCSW #14975

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Gloria Simpson has worked in the field of trauma for 30 years. She has worked with first responder client populations providing trainings, consultations, individual and group crisis intervention and mental health services. She has recently contributed to a documentary about 911 dispatchers. She provides employee support services to law enforcement, fire, dispatch and emergency medical responders. She has experience working with adults, children and families around issues of abuse and trauma.

Gloria provides consultation and supervision to both public agencies and counseling interns. Her expertise also includes addiction issues. In addition to providing services with the Central Coast Critical Incident Team, Gloria is a hospital emergency room social worker, supervisor/clinical program manager for a private non profit and has a private practice. She holds a certification of specialized training in emergency services. She received her master's degree at the University of Southern California.

Gloria participates on the Anthem, HAI, Magellan, MHN, Optum, Sutter Select and UBH insurance panels.

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Nancy Virostko

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Nancy began her career in 1994 as a case manager for Family and Children's Services in Santa Cruz County. While there she worked closely with families, serving parents and children who had experienced abuse and neglect. Nancy also served as an administrator at the agency and was integral to the support of social workers experiencing vicarious trauma due to their work environment. In 2007, Nancy began working for Santa Cruz Superior Court as a child custody mediator. She has extensive knowledge about the court system and conflict resolution. As a mediator, she utilized her clinical skills to address complex and often high-conflict child custody disputes and attend to the needs of children and families. For the past seven years, Nancy has established a comprehensive and diverse private therapy practice, working closely with individuals and couples struggling with normal life transitions as well as depression, anxiety, stress, trauma, and grief.

Throughout her career, Nancy has focused on individuals and communities during times of crisis and trauma. She is committed to facilitating the healthy development of her clients. Nancy received her Master's in Social Work from San Jose State University and received her License in Clinical Social Work in 1999.

Nancy participates on the Aetna, Anthem, Beacon, Optum, Sutter Select and UBH insurance panels.

Clinical Consultant



Sue Brandy, LCSW

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Sue is retired from her private practice in Santa Cruz and now acts as our clinical consultant and back up debriefer. She has been responding to critical incidents and disasters for the past 25 years. In her work with local police, sheriff, fire personnel, CHP and other first responders, she has provided debriefing and one-on-one response, as well as support to family and co-workers.

Her private practice has included providing counseling to adults, children and adolescents coping with "normal" life challenges, as well as contending with traumatic events. Sue continues to offer workshops, consultations and trainings in CISM, Stress Management and other topics to a variety of businesses, groups and agencies.

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