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Laurel Andres began running groups in 1982 at the time of the central coast floods. She coordinated and facilitated emergency mental health services for the Marina District in San Francisco during the aftermath of the Loma Prieta earthquake and has since debriefed and counseled many companies, individuals and families following acute disasters and periods of long term stress. She has completed advanced training in multi-modal approaches to Critical Incidents. She maintains a private psychotherapy practice and is a trainer and consultant to the corporate sector and to public agencies and hospitals around issues of stress management, strategic communication improvement, and balancing work and home life.

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Sue Brandy has worked with people who have experienced various forms of traumatic events for the past 15 years. Her private practice has included adults and children effected by trauma, loss, anxiety, and depression. She has experience with victims of crime, physical and sexual abuse, critical incidents and cumulative stress. In addition, Sue provides debriefings and consultations to emergency personnel, Red Cross and other community groups experiencing critical incidents and/or disasters.

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Diane Myers is a licensed Psychiatric Mental Health Nurse and Clinical Nurse Specialist in private practice. She has advanced training and certification as a specialist in post-traumatic stress disorder, and works with individuals and families experiencing trauma, grief and loss, life change, anxiety, depression, family, workplace, and health problems. She has twenty-five years' experience working with disaster and critical incident stress, and has provided mental health and stress management services in over 35 major disasters. She is a consultant and trainer for federal, state, local, and nonprofit agencies, as well as fire, police, EMS, the military, schools, and private industry. She is the author of over 40 publications on trauma, disaster and critical incident stress.

*“Helping ordinary people cope with extraordinary events”*

Trauma Intervention, Education and Aftercare



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Gloria Simpson has worked with trauma victims for 20 years. She is a licensed clinical social worker who received her master's degree at the University of Southern California. She is a member of the International Critical Incident Stress Foundation and has advanced training in Critical Incident Stress Management. She has experience working with organizations, adults, children and families around issues of abuse and trauma and provides consultation and supervision to both public agencies and counseling interns. Her expertise also includes addiction issues.



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Tim Woods has been doing work in trauma since his first position in a hospital emergency room in the mid 70's. His first Critical Incident Debriefing and training came subsequent to the 1982 Santa Cruz Mountain Floods. He supervised staff and provided direct services to police, fire, rescue and civilian populations following the 1989 Loma Prieta Earthquake. Tim participated in the debriefing efforts in Oklahoma City following the bombing of the Murrah Federal Building in 1995. He has a particular interest in working with men and leads four on-going men's support groups in his private practice.

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**C C C I S M I**  
CENTRAL COAST Critical Incident STRESS MANAGEMENT TEAM

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